Salaatul Istigatha

Imām Ja'far aṣ-Ṣādiq (`a):
Whenever you have a request and your heart is full of worry, recite a two-rakā'at salāh. When you finish, say "Allāhū Akbar" 3 times, recite tasbīh of Fātimah az-Zahrā' (`a), and then do the following:

- Perform sajdah and recite 100 times:

يَامَوْلَاتِيْ يَافَاطِمَةُ أَغِيْثِيْنِيْ

Yā Mawlātī, Yā Fātimatu, Agīthīnī
O my master, O Fātima, rescue me!

- Put your right cheek on the ground and recite the dhikr above 100 times
- Perform sajdah and recite the dhikr above 100 times
- Put your left cheek on the ground and recite the dhikr above 100 times
- Perform sajdah and recite the dhikr above 110 times
- Then, ask for your needs and recite 530 times:

اَللّٰهُمَ صَلِّ عَلٰى فَاطِمَةَ وَ أَبِيْهَا وَبَعْلِهَا وَ بَنِيْهَا وَ السِّرِّ الْمُسْتَوْدَعِ فِيْهَا عَدَدَ مَااَحَاطَ بِهِ عِلْمُكْ

Allāhuma salli a'alā Fātimata wa abīha wa ba'aliha wa banīha wassirril mustawda'i fihā 'adada mā ahāta bihi 'ilmuk
O Allah, bless Fātimah, her father, her husband, and her sons by the secret instilled in her, which is only in Your knowledge

Bihār ul-Anwār, Vol. 91, P. 30

AL-KISA FOUNDATION
UNDER THE CLOAK OF GUIDANCE AND MERCY